

Lap Pool

Nov. 17 - 23

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30 AM							
6:00 AM							
7:00 AM						LAP SWIM	LAP SWIM
7:30 AM							
8:00 AM		Water Fitness 8-9 (3 Ins)		Water Fitness 8-9 (3 Ins)		7 LANES	7 LANES
8:30 AM							
9:00 AM							
9:30 AM							
10:00 AM			LAP SWIM			Water Fitness 10-11 (3 Ins)	
10:30 AM							
11:00 AM			7 LANES				
11:30 AM							
12:00 PM	LAP SWIM	LAP SWIM		LAP SWIM	LAP SWIM		
12:30 PM							
1:00 PM	7 LANES	7 LANES	Latch Key 1-2:15 (3 lanes)	7 LANES	7 LANES	LAP SWIM	
1:30 PM							
2:00 PM							
2:30 PM						7 LANES	
3:00 PM							
3:30 PM							
4:00 PM							
4:30 PM	#Level 3 (3 Ins)	#Level 1 (12 In)		#Level 2 (3 Ins)			
5:00 PM	4:30-5:30	4:40-5:20		4:30-5:30			
5:30 PM	#Level 2 (3 Ins)			#Level 3 (3 Ins)			
6:00 PM	5:35-6:35		Water Fitness 6-7 (3 Ins)	5:35-6:35			
6:30 PM	W.F 6-7 (3 Ins)						
7:00 PM							
7:30 PM							
8:00 PM			LAP SWIM				
8:30 PM							
9:00 PM			7 LANES				
9:30 PM							
Schedule may vary weekly and is subject to change.							
* Punch card class-non-members may attend with purchase of card at service desk						# Must pre-register for class	
ALL UNMARKED PROGRAMS ARE DROP-IN CLASSES FOR MEMBERS ONLY							

Family/Therapy Pool

Nov. 17 - 23

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30 AM	OPEN	OPEN	OPEN	OPEN	OPEN		
6:00 AM							
7:00 AM	SWIM	SWIM	SWIM	SWIM	SWIM	OPEN	OPEN
7:30 AM							
8:00 AM	* Specialty Splash 8-9		* Specialty Splash 8-9		* Specialty Splash 8-9	SWIM	SWIM
8:30 AM						#Group Lessons 8:45-9:25	
9:00 AM	* Specialty Splash 9-10		* Specialty Splash 9-10		* Specialty Splash 9-10	#Group Lessons 9:30-10:10	
9:30 AM						#Group Lessons 10:15-10:55	
10:00 AM							
10:30 AM			GISD 10:30-11:30				
11:00 AM						Privates	
11:30 AM						11, 11:30, 11:40	
12:00 PM						OPEN	
12:30 PM						SWIM	
1:00 PM		*Sr. Splash 1:00-2:00	Home School #Group Lessons 1:30-2:10	*Sr. Splash 1:00-2:00	Latch Key Group		
1:30 PM							
2:00 PM		OPEN		OPEN			
2:30 PM	OPEN SWIM	SWIM	Latch Key 2:15-3pm	SWIM	1:00-3:00		
3:00 PM							
3:30 PM							
4:00 PM							
4:30 PM		# Level 1 Team 4:40-5:20	OPEN SWIM				
5:00 PM							
5:30 PM		#Group Lessons 5:30-6:10		#Group Lessons 5:30-6:10			
6:00 PM							
6:30 PM		6:15-6:55		6:15-6:55			
7:00 PM		OPEN		OPEN			
7:30 PM		SWIM		SWIM			
8:00 PM							
8:30 PM							
9:00 PM							
9:30 PM							

OPEN SWIM POLICY: AGE 0-5 MUST BE ACCOMPANIED BY AN ADULT

AGE 6-12 SHOULD SWIM THE LENGTH OF POOL - ADULT MUST SIGN IN & REMAIN IN CLUB

There is LIMITED SPACE DURING SHADED TIMES

* Punch card class-non-members may attend with purchase of card at service desk

Must pre-register for class