

Lap Pool

March 15 - 21

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30 AM							
6:00 AM							
7:00 AM						LAP SWIM	LAP SWIM
7:30 AM							
8:00 AM		Water Fitness		Water Fitness		Trans Lanes 1-3	7 LANES
8:30 AM		8-9 (3 Ins)		8-9 (3 Ins)		8pm - 9pm	
9:00 AM						Water Fitness	
9:30 AM						9-10 (3 Ins)	
10:00 AM							
10:30 AM							
11:00 AM							
11:30 AM							
12:00 PM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM		
12:30 PM							
1:00 PM	7 LANES	7 LANES	7 LANES	Trans Lanes 1-3	7 LANES		
1:30 PM				1pm - 2pm		LAP SWIM	
2:00 PM							
2:30 PM						7 LANES	
3:00 PM							
3:30 PM							
4:00 PM							
4:30 PM		#Level 2 (2 Ins)					
5:00 PM		4:30-5:30					
5:30 PM		#Level 1 (1 In)					
6:00 PM	Water Fitness	5:35-6:20	Water Fitness	#Level 1 (1 In)			
6:30 PM	6-7 (3 Ins)	#Level 3 (2 Ins)	6-7 (3 Ins)	5:35-6:20			
7:00 PM	Scouts	6:30-7:30		#Level 2 (2 Ins)			
7:30 PM	7-8pm Ln 7			6:30-7:30			
8:00 PM	LAP SWIM		LAP SWIM				
8:30 PM							
9:00 PM	7 LANES		7 LANES				
9:30 PM							

Schedule may vary weekly and is subject to change.

* Punch card class-non-members may attend with purchase of card at service desk

Must pre-register for class

ALL UNMARKED PROGRAMS ARE DROP-IN CLASSES FOR MEMBERS ONLY

Family/Therapy Pool

March 15 - 21

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:30 AM	OPEN	OPEN	OPEN	OPEN	OPEN			
6:00 AM								
7:00 AM	SWIM	SWIM	SWIM	SWIM	SWIM	OPEN	OPEN	
7:30 AM								
8:00 AM	* Specialty Splash 8-9		* Specialty Splash 8-9		* Specialty Splash 8-9	SWIM	SWIM	
8:30 AM						#Group Lessons 8:45-9:25		
9:00 AM	* Specialty Splash 9-10		* Specialty Splash 9-10		* Specialty Splash 9-10		#Group Lessons 9:30-10:10	
9:30 AM		#Group Lessons 9:30-10:10					#Group Lessons 10:15-10:55	
10:00 AM								
10:30 AM			GISD 10:30-11:30					
11:00 AM						#Privates		
11:30 AM						11, 11:30, 11:40		
12:00 PM						OPEN		
12:30 PM						SWIM		
1:00 PM		*Sr. Splash 1:00-2:00		*Sr. Splash 1:00-2:00				
1:30 PM			#Group Lessons 1:30-2:10					
2:00 PM		OPEN		OPEN				
2:30 PM	OPEN SWIM	SWIM	OPEN SWIM	SWIM				
3:00 PM								
3:30 PM								
4:00 PM								
4:30 PM								
5:00 PM								
5:30 PM		#Group Lessons 5:30-6:10		#Group Lessons 5:30-6:10				
6:00 PM								
6:30 PM		6:15-6:55		6:15-6:55				
7:00 PM		OPEN		OPEN				
7:30 PM		SWIM		SWIM				
8:00 PM								
8:30 PM								
9:00 PM								
9:30 PM								

OPEN SWIM POLICY: AGE 0-5 MUST BE ACCOMPANIED BY AN ADULT

AGE 6-12 SHOULD SWIM THE LENGTH OF POOL - ADULT MUST SIGN IN & REMAIN IN CLUB

There is LIMITED SPACE DURING SHADED TIMES

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Must pre-register for class