

# GENESYS

## ATHLETIC CLUB

AV Atlas Valley  
 DAC Davison Athletic Club  
 Elks Flint Elks  
 FGC Flint Golf Club  
 FSRC Flint Swim & Racq. Club  
 FV Flushing Valley  
 GAC Genesys Athletic Club  
 SM Spring Meadows  
 WAR Warwick Hills

### Summer Swim Team

### Practice / Meet Calendar

June 2010

Check the Hotline daily for updates and last minutes changes.

**GAC Website: [www.genesysathleticclub.com](http://www.genesysathleticclub.com)**

**GAC Swim Team Hotline: 810-606-7813**

#### Swim Team Practice Schedule

June 1 - June 16 Monday -Friday  
 Middle/High School 3:45 - 4:45  
 Elementary School 4:45 - 5:45

June 21 - July 16 Monday - Friday  
 13 yrs. & over 9:00 -10:15

11 & 12 yrs. olds 9:15 - 10:15 or  
 10:15 - 11:15

9 & 10 yrs. olds 10:15 -11:15

8 yrs. & under Mon/Wed/Fri  
 10:15 -11:15

July 19-23 Practice Interclub Championship  
 swimmers only

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>30</b>	<b>31</b> Memorial Day	<b>1</b> Afternoon Practice Begins  M/S & HS 3:45 - 4:45 Elementary 4:45 - 5:45	<b>2</b>  M/S & HS 3:45 - 4:45 Elementary 4:45 - 5:45	<b>3</b>  M/S & HS 3:45 - 4:45 Elementary 4:45 - 5:45	<b>4</b>  M/S & HS 3:45 - 4:45 Elementary 4:45 - 5:45	<b>5</b>
<b>6</b>	<b>7</b>  M/S & HS 3:45 - 4:45 Elementary 4:45 - 5:45	<b>8</b>  M/S & HS 3:45 - 4:45 Elementary 4:45 - 5:45	<b>9</b>  M/S & HS 3:45 - 4:45 Elementary 4:45 - 5:45	<b>10</b>  Time Trials  M/S & HS 3:45 - 4:45 Elementary 4:45 - 5:45	<b>11</b>  Time Trials  M/S & HS 3:45 - 4:45 Elementary 4:45 - 5:45	<b>12</b>
<b>13</b>	<b>14</b>  M/S & HS 3:45 - 4:45 Elementary 4:45 - 5:45	<b>15</b>  M/S & HS 3:45 - 4:45 Elementary 4:45 - 5:45	<b>16</b>  M/S & HS 3:45 - 4:45 Elementary 4:45 - 5:45	<b>17</b>  Meet GAC @ FGC Warm-up 4:30 p.m. Meet begins at 5:15 pm	<b>18</b>  NO PRACTICE	<b>19</b>
<b>20</b>	<b>21</b> 13 and up 9:00 - 10:15 11 & 12 9:15 - 10:15 or 10:15 - 11:15 9 & 10 10:15 - 11:15 8 & under 10:15 - 11:15	<b>22 Pizza Party</b> 13 and up 9:00 - 10:15 11 & 12 9:15 - 10:15 or 10:15 - 11:15 9 & 10 10:15 - 11:15 Meet Elks @ GAC	<b>23</b> 13 and up 9:00 - 10:15 11 & 12 9:15 - 10:15 or 10:15 - 11:15 9 & 10 10:15 - 11:15 8 & under 10:15 - 11:15	<b>24 Fuddruckers</b> 13 and up 9:00 - 10:15 11 & 12 9:15 - 10:15 or 10:15 - 11:15 9 & 10 10:15 - 11:15 Meet GAC @ FV	<b>25</b> 13 and up 9:00 - 10:15 11 & 12 9:15 - 10:15 or 10:15 - 11:15 9 & 10 10:15 - 11:15 8 & under 10:15 - 11:15	<b>26</b>
<b>27</b>	<b>28</b> 13 and up 9:00 - 10:15 11 & 12 9:15 - 10:15 or 10:15 - 11:15 9 & 10 10:15 - 11:15 8 & under 10:15 - 11:15	<b>29</b> 13 and up 9:00 - 10:15 11 & 12 9:15 - 10:15 or 10:15 - 11:15 9 & 10 10:15 - 11:15 Meet GAC @ WH	<b>30</b> 13 and up 9:00 - 10:15 11 & 12 9:15 - 10:15 or 10:15 - 11:15 9 & 10 10:15 - 11:15 8 & under 10:15 - 11:15			